- Ph.D. in Psychology-Psychotherapist FL #MH6058
- International Speaker and Trainer
- **Business and Corporate Consultant**
- Television and Radio Talk Show Host
- Media Guest and News Commentator
- Seminar & Workshop Leader
- Author & Writer "Surviving the Toxic Workplace"
- Internet, Magazine, and Newspaper Columnist
- Former Adjunct Professor of Psychology
- Member of Mensa and appeared on "Jeopardy"

EDUCATION

• B.A., Human Development

Pacific Oaks College, Pasadena, CA

• Ph.D. and M.A., Psychology

California School of Professional Psychology, San Diego, CA (now Alliant University)

HOST AND PRODUCER * OR CO-PRODUCER**

• "The Linnda Durré Show" *

WEUS, 810 AM, Daily Weekday Show, Orlando, FL

• "Personal Success Hotline with Dr. Durré" * WCEU, PBS Affiliate, Daytona Beach, FL

• "Ask the Family Therapist" **

America's Health Network, Universal Studios, Orlando, FL

• "The Dr. Linnda Durre' Show" **

WDBO, AM 580, Cox Communications, Orlando, FL

• "Let's Talk with Dr. Linnda Durré" * * WCFE, NPR Affiliate, Plattsburgh, NY

HOST * OR HOST FINALIST **

Meet Your Match *

Great Ideas! Disney Channel * (also writer) Good Advice, Andy Friendly, Producer * *

RADIO APPEARANCES (PARTIAL LIST)

ESPN (Four appearances) John Tesh Radio Show National Public Radio Canadian Broadcast Corps

California Public Radio Growing Bolder

The Michael Jackson Radio Show The Bill Ballance Radio Show (3 years)

COLUMNIST (PARTIAL LIST)

Forbes Online - www.forbes.com eBossWatch.com American Cities Business Journals A & U Magazine Orlando Business Journal Head Lines - NY Orlando Leisure Magazine Holistic Health News In Focus Magazine Online Focus In Newspaper

AOL, Monster, Yahoo

MAGAZINE INTERVIEWS (PARTIAL LIST)

Screen Actor Parade Magazine Personal Excellence Florida Magazine Recharger Magazine Glamour Magazine Washington Parent Orlando Magazine Inc. Magazine More Magazine Ambassadors Mag. Affluent Magazine Exchange Magazine Winter Park Magazine

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TV APPEARANCES (PARTIAL LIST)

60 Minutes Oprah

The Today Show Good Morning America The O'Reilly Factor (twice) The Disney Channel Daytime (Nationally syndicated) The Home Show Donahue (twice) Hour Magazine The Home and Family Show People Are Talking

The Sally Jessy Raphael Show Canada AM The Daily Buzz (Weekly from May 2005-Feb 2006)

Good Day Orlando (Three appearances)

WESH – NBC Affiliate, Orlando, FL (20 appearances) WKMG – CBS Affiliate, Orlando, FL (18 appearances) WFTV – ABC Affiliate, Orlando, FL (18 appearances) WOFL – Fox Affiliate, Orlando, FL (50 appearances) News Channel 13, Orlando, FL (11 appearances) NPR, PBS, CBS, ABC, NBC, CW, and Fox News

NEWSPAPER INTERVIEWS/QUOTES (PARTIAL)

New York Times **USA** Today Los Angeles Times UPI & AP San Francisco Chronicle & Examiner Toronto Globe & Mail San Diego Union and Tribune **Dallas Morning News** Atlanta Journal Constitution San Diego Newsline Orlando Business Journal Pasadena Star News Orlando Sentinel Albany Times Union San Antonio Light New Haven Register Seattle Business Journal La Jolla Light Christian Science Monitor Stars and Stripes Variety & Hollywood Reporter Calgary Sun Backstage & Dramalogue Sacramento Bee 213 Beverly Hills Cincinnati Enquirer **Investors Business Daily** AM NY Sydney Morning Herald Tulsa World **Buffalo News** Roanoke Times

ONLINE AND E-ZINE INTERVIEWS (PARTIAL LIST)

Business Week Forbes Yahoo E Online Career Builder Monster People AOL

BOOKS PUBLISHED

Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses and Work Environments That Poison Your Day – McGraw Hill, February 2010 Great RelationshipsTM – We Publish Books, 2005

Cell 407-739-8620 Linnda.Durre@gmail.com Fax 407-643-9151 www.survivingthetoxicworkplace.com

www.Experts.com

Linnda Durré's guests for her print and/or radio show interviews include:

- Arnold Palmer Legendary golfer and philanthropist
- Lainie Kazan Actress, singer, Mother in "My Big Fat Greek Wedding" & "My Favorite Year"
- Edward Asner Actor winning 7 Emmys and 5 Golden Globes, two term SAG President
- Louis Gossett Jr. Oscar, Emmy and Golden Globe winning actor
- Barbara Orbison -Roy Orbison's widow, estate manager, & creator of "Pretty Woman" perfume
- Michael Medavoy Author, co-founder & president of Phoenix Pictures, producer of "Shutter Island" and over 300 films
- Ruben Studdard American Idol winner
- Kenny G. Saxophonist and Grammy winner
- David Foster Music producer & winner of 15 Grammys with 45 Grammy nominations
- Peter Cetera Singer/songwriter and former lead singer of Chicago
- Daymond John Author, *The Brand Within* and on ABC's "Shark Tank"
- Lynn Anderson Legendary country singer, Grammy winner & "Artist of the Decade" 1970-80
- Jadi Norris-Country-Western singer/songwriter
- The Canadian Tenors International quartet
- Ottmar Liebert Grammy nominated composer
- Celtic Woman International singing group
- Rich Natole Impressionist
- Dr. Byron Jackson Chiropractor and NCAA Team
- Ashlyne Huff Country music singer/songwriter

- Earl "The Pearl" Monroe NBA Legend
- Jay Cooper Former two term president of NARAS (Grammys), legendary music attorney
- William Lee Golden Baritone of The Oak Ridge Boys, painter, and historian
- Teri Brown Entertainment marketer, booked the Beatles at Hollywood Bowl & Dodger Stadium
- Hilly Elkins Tony & Emmy winning Broadway, TV
 & film producer & talent manager
- Cindy Morgan Actress "Caddyshack" & "TRON"
- Elon Gold Comedian, 5 appearances Leno
- Colin Mochrie Improv star of "Who's Line Is It Anyway?"
- Lydia Cornell Actress in TV's "Too Close for Comfort" and "Curb Your Enthusiasm"
- Paul Petersen Actor "The Donna Reed Show" & Founder, A Minor Consideration for child actors
- Pat Carroll Comedienne; Emmy, Drama Desk, and Grammy winner and Tony nominee
- Doug Davidson Star of "The Young and The Restless" playing Paul Williams
- Lori Wyman Emmy nominated casting director for HBO's acclaimed, "Recount"
- Howard Sherman Executive Director of The American Theatre Wing, which awards the Tonys
- Derek Sivers Founder of CD Baby
- Pam Lewis Founder of PLA Media and former manager of Garth Brooks
- Bands Colourslide, Underwhelmed, Mirror Pal, Four Year Strong, Supervillians, Vera, Built to Be Broken, The Machine & Steven Mazur of Our Lady Peace

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SPEAKING ENGAGEMENTS, CONSULTATION,

- American Psychological Association
- American Management Association
- National Speakers Association
- National Organization for Women
- California Psychological Association
- California Assn. for School Psychologists
- National Association of Social Workers
- California School of Professional Psychology
- California State Assembly
- Southern California Neuropsychiatric Institute
- Naval Drug Rehabilitation Center
- Naval Regional Medical Center
- Society for the Scientific Study of Sex
- San Diego Society for Sex Therapy & Education
- National Federation on Therapy Abuse
- San Diego State University
- University of California, San Diego
- University of California, Irvine
- University of Central Florida, Honors Program
- SUNY, Plattsburgh
- University for Humanistic Studies
- Western State University
- National University
- Pacific Oaks College
- Rollins College & Rollins Psychology Club
- DeVry Institute
- Valencia Community College
- Discover University
- The Knowledge Shop
- San Diego Unified School District
- San Diego Regional Training Center
- American Automotive Leasing Association
- Employee Services Management Association
- National Chemical Credit Managers Association
- American Association of Leasing Agents
- Insurance Underwriters of America
- Insurance Claims Adjusters Association
- Great American Savings Bank
- Seattle Payroll Association
- Orlando Convention Leads Group
- Business and Professional Women's Club
- National Association of Bank Women
- National Assn. of Female Executives
- National Assn. of Professional Saleswomen
- Association of Professional Mortgage Women
- American Business Women's Association
- Advocates for Women in Academia
- Oklahoma Ethics Consortium

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AND/OR TRAININGS (PARTIAL LIST)

- Walt Disney World
- Whole Foods
- Orlando Magic NBA Team
- Dollar Enterprises
- Orlando Police Department
- Orange County Sheriff's Department
- Girl Scouts of America
- Paul Mitchell The School
- Paramount Studios
- Columbia Studios
- Screen Actors Guild
- Women in Film
- Florida Actors Book Group
- Amer. Fed. of TV & Radio Artists (AFTRA)
- Directors Guild of America
- Writers Guild of America
- Center for the Study of the Person
- La Jolla Women's Center
- Center for Women's Services and Studies
- Women's Forum
- Displaced Homemakers Project
- Hispanic Women's Recovery Home
- Multi-Cultural Student Psychology Association
- Psychology & Law Society
- B'nai B'rith & Jewish Federation
- BICS
- Altrusa Service Club, SW & SE Districts
- Orlando Chamber of Commerce
- Winter Park Chamber of Commerce
- Mothers of Pre-schoolers (MOPS)
- Mothers Club
- Junior League
- Kiwanis Club, Rotary Club, Lions Club
- Masons Club
- Optimists Club and Soroptimists Club
- Werner Erhard and Associates
- Physicians and Surgeons Hospital
- Kaiser-Permanente Hospital
- Pomerado Hospital
- Florida Hospital
- Daniel Freeman Marina Hospital
- Medical Services Society
- Emergency Medical Technicians Group
- Crossroads Learning Center
- Goodwill Industries
- The Golden Rule Foundation
- Health & Well Being Festival, Seattle
- Florida State Dept of Business & Prof. Regulations

Cell 407-739-8620

BIOGRAPHY

Linnda Durré, Ph.D., is a psychotherapist, business consultant, international speaker, corporate trainer, writer, published author; Internet, magazine and newspaper columnist; TV and radio talk show host, and media guest. She received her B.A. in Human Development from Pacific Oaks College in Pasadena, California, and her M.A. and her Ph.D. in Psychology from California School of Professional Psychology in San Diego, now known as Alliant University

She was a research assistant at Stanford University, working on the national evaluation of Head Start. She has three elementary teaching credentials (K-6), and has taught and/or lectured grades from nursery school to graduate school. From 1997-2003, she was an adjunct professor at Rollins College, teaching Developmental Psychology and a self designed course, Life Transitions.

She consults to attorneys, serves as an expert witness in family counseling, child custody, sexual harassment and discrimination, child and sex abuse, and sexual abuse by therapists; the latter was the topic her 400-page doctoral dissertation, which was used to pass legislation in several states. She is listed in www.Experts.com

Dr. Durré consults and speaks to businesses, corporations, agencies, non-profit organizations, and associations on customer service training, stress and time management, conflict resolution, communication skills, personality disputes, team building, job satisfaction, diversity training, sex discrimination and harassment.

She has done crisis intervention training for various police departments, including the Orlando Police Department, the Orange County (Florida) Sheriff's Department, as well as completing an internship with the San Diego County Sheriff's Department.

She is a sports consultant to high school, college, amateur, and professional athletes, concerning fitness, peak performance, negative messages, and dealing with fame. She has worked with the Orlando Magic and athletes in the NFL, NBA, NHL, MLB, Olympics, golf, tennis, and swimming; and with their families, spouses, and children; and she been interviewed by Sportsline and ESPN Radio four times, and The Mike Bianchi Show.

When she sold a TV series to Aaron Spelling, she was admitted to the Writers Guild of America, and has also been admitted to SAG-AFTRA and ASCAP. She has written six full-length screenplays, three plays, short stories, and has published her poems and political cartoons. She was accepted into Edward Albee's Master Class in Playwrighting for her original play, "The Viewing," which she adapted into a short film, directed, cast, and produced it. It was an official selection at the Ft. Lauderdale International Film Festival, Delray Beach

Film Festival, was a finalist in the Best of Florida/Made in Florida Film Festival, and won a Crystal Reel Award from FMPTA for Best Short Script. She also teaches acting classes and does individual coaching.

She hosted and co-produced two live call-in TV shows: "Ask the Family Therapist," on America's Health Network, a national cable TV station at Universal Studios, Orlando, associated with Mayo Clinic, and was selected over 200 applicants in a national search; and "Personal Success Hotline with Dr. Durre'," on a PBS affiliate. From May 2005-February 2006, she appeared weekly as "resident shrink" on CW's "The Daily Buzz."

She hosted, "The Linnda Durré Show," on WEUS 810 AM daily weekdays from 12-1 PM, which streamed live on audio at www.810weus.com. On WDBO 580 AM radio in Orlando, she hosted and co-produced, "The Dr. Linnda Durré Show," as well as, "Let's Talk with Dr. Linnda Durré," in NY on an NPR affiliate. She appeared on Oprah, 60 Minutes, Canada AM, The Today Show, GMA, O'Reilly, AM LA, Daytime, Home and Family Show, Donahue, The Home Show, Disney Channel, CBS, NBC, ABC, Fox, NPR, CW & PBS.

Her book, Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses and Work Environments that Poison Your Day, was published by McGraw Hill. Her book, Great Relationships Manual is on-line at Amazon, Barnes & Noble, and Borders.

She is a columnist for www.eBossWatch.com. She was featured in the anthology, *On Love and Loving*, wrote a NY newspaper column, "Head Lines," was a magazine columnist for Arts & Understanding Magazine (A & U), Orlando Leisure Magazine, and Holistic Health News. Her column, "The Doctor Is In," for Orlando Business Journal and American Cities Business Journals, is online at www.bizjournals.com

Her humor has graced her stand-up routine at The Comedy Store on Sunset Blvd., The Improv in LA, Comedy Night School, and National Lampoon Channel.

Her volunteer work includes: The Bridge Foundation, Cocaine Hotline, Harbor House-The Center Against Domestic Violence, Winter Park Tech, The Golden Rule Foundation, NJ State Diagnostic Center, coordinator of San Diego's Women's Counseling Referral Service, Love & Sex Addiction Hotline, Strong on Self-Defense, Women's Business Exchange; Mentor Programs at five different high schools; and local PBS coordinator for Bill Moyers' PBS series, "Healing & the Mind."

Her past and/or present listings include: Mensa, American Psychological Association, NBCC, American Association of Marriage & Family Therapists, Who's Who in the West, and The World's Who's Who.

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TV & RADIO SHOW, SPEECH, CONSULTATION, TRAINING & WRITING TOPICS

BUSINESS & SUCCESS

Toxic Workplace

Customer Service Training Motivation & Achievement Goal Setting & Visualization Sales Techniques & Motivation On Camera & Speech Presentation

Downsizing & Career Changes Coping with Toxic Companies Stress & Time Management

Self-Employment **Decision Making**

Job Performance & Satisfaction Dealing with Difficult People Sexual Preference & Diversity Sex Discrimination & Harassment Teamwork & Team Building

SEXUALITY

Attraction & Sexuality Passion & Desire Sexual & Gender Dysfunction Gay Issues Sex Education Affairs & Infidelity

TRAUMA

Childhood & Life Trauma Child Abuse & Neglect Sexual Abuse in Therapy Rape & Date Rape Incest & Child Molestation Post Traumatic Shock Disorder Veteran Re-entry Crime Victim Survival Sex Discrimination & Harassment **Hurricane Stress** Grief & Mourning Pet Loss & Grief Terminal Illness Death & Dying

HEALTH & WELL BEING

Prime Health & Well Being Exercise & Weight Control Obesity, Bulimia & Anorexia Fitness, Diet & Nutrition Psychological Roots of Disease Unresolved Anger & Rage Effects of Negative Thinking

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ADDICTIONS

Drugs & Alcohol Food & Eating Disorders Gambling

Shopping Workaholism Sex & Love

Co-Dependence & Enabling Rehab & Recovery Children of Alcoholics

RELATIONSHIPS

Dysfunctional Families

Love & Romance **Intimacy & Commitment** Engagement & Marriage Finding the Perfect Mate Friendships & Co-workers Communication Jealousy & Envy Infidelity & Affairs Separation & Divorce Domestic Violence Conflict Resolution

LIFE TRANSITIONS

Aging & Retirement Menopause & Mid-Life Crisis **Empty Nest Syndrome** Separation & Divorce Grief, Loss & Widowhood The New Baby Engagements & Marriage

SPORTS

Peak Performance & Training Motivation & Discipline Prime Health & Nutrition Teammates & Coaches Temptations on the Road Stress on the Spouse & Family Dealing with the Press Coping with Fans & Detractors

PERSONALITY DISORDERS

Psychopaths/Sociopaths Borderlines Passive-Aggressives **Narcissists** Personality Disorders

SCHOOL CONCERNS

School Phobias & Adjustments Hyperactivity & HDAD Attention Deficit Disorders Dyslexia & Learning Disabilities Parent Education Special Needs Children Parent-Teacher Communication

FAMILY DYNAMICS

Family Dynamics **Dysfunctional Families** Parent Education Communication Children & Adolescents Effects of Divorce on Children Separation & Divorce Adoption & Infertility Miscarriage & Stillborns Domestic Violence **Blended Families**

LIFE SKILLS

Stress Management Time Management Communication Skills **Assertiveness Training** Anger Management Self Confidence & Self Esteem Motivation & Excellence Make Your Dreams Come True Mediation **Active Listening**

SPIRITUALITY

Prayer & Meditation Guided Imagery & Visualization Life Mission & Purpose **Dream Interpretation** Universal Beliefs Religious & Spiritual Path Coping with Adversity The Power of Prayer in Healing

DEPRESSION & ANXIETY

Depression & Anxiety Manic-Depression Grief & Mourning Mental Disorders **Phobias**

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